



## HANDS-ON LEARNING: BRINGING THEORY TO LIFE THROUGH PRACTICAL VISITS

As part of the ToT, participants engaged in **visits to innovative sites**, such as experimental farms and sustainable businesses. These immersive experiences embody the "**learning-by-doing**" approach, forming the foundation of **non-formal education**.

By **connecting theory with practice**, the visits inspire trainers to embrace **real-world applications** and share these **impactful methods** with their communities.



## INTERACTIVE TRAINING: EMPOWERING THROUGH COLLABORATION AND INNOVATION



The interactive training sessions fostered dynamic engagement, equipping participants with tools and innovative methods to effectively train and inspire youth further in regenerative agriculture. Collaborative activities and discussions, exploring diverse non-formal education techniques, create an empowering environment for skill-sharing and collective growth.

## FORMING THE TRAINERS ...

The Training of Trainers in Spain marks a critical milestone in SEEDS, focusing on equipping the first generation of trainers with the skills and knowledge to train further regenerative agricultural practices and foster youth entrepreneurship. Organized by SELFHOOD and PAMEA, and hosted by CTNC in Murcia, this intensive training session brought together participants to explore innovative teaching methodologies, sustainability-focused education, and real-world applications through study tours and workshops. This collaborative effort sets the foundation for empowering youth and building a sustainable future.

**GROW WITH SEEDS!**